

Safety and Security

Doors should be locked when the room is unoccupied or when residents are sleeping.

- When will the doors be locked or left open?
- If one of us is going to be gone for an extended period of time, we would:
 - want to know where the other is going.
 - want to know when the other will return.
 - prefer not to let the roommate know the other's whereabouts.

Study

The right to study supersedes the right to have guests.

- The atmosphere most conducive for our studying is:
 - complete silence.
 - with others.
 - with the stereo or TV on.
 - outside of the room.
 - alone.
- The time of day we prefer to study is:
 - during the morning.
 - during the evening.
 - during the afternoon.
 - late at night.

Sleep

Minimally, quiet hours are Sunday through Thursday, 11 p.m. to 10 a.m. and Friday through Saturday from midnight to 10 a.m. — Honors Halls and Quiet Halls will have extended quiet hours.

- Most nights we expect to go to bed between ____ and ____.
- We expect to get up most mornings between ____ and ____.
- Are we heavy or light sleepers?
- We sleep best when
 - the room is completely silent and dark.
 - the room is cool.
 - the room is warm.
 - guests are not present.
 - it doesn't matter - nothing bothers us when asleep.
 - other (please specify) _____.

Room

Residents agree to uphold reasonable care of their room, its furnishings, and to maintain sanitary and safe conditions acceptable to University Housing.

- What space is considered personal space?
- When and how often do we do laundry?
- Regarding appearance of the room, we prefer that it be:
 - usually orderly and clean.
 - sometimes orderly and clean.
 - disorderly.
- When cleaning the room, we feel that:
 - we should take turns cleaning the room.
 - we should clean up our own mess.
 - we should clean the room together.
- We agree to the following:

	Daily	Weekly	Monthly	Never	When Needed
empty trash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
vacuum/sweep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
dust	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
wash dishes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
make your bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Living Arrangements

Residents at least 21 years old may possess alcohol in the privacy of their own room only, unless living in a Wellness and Substance Free Hall. Otherwise, smoking, possession of controlled substances, or possession of alcohol are all prohibited within the residence halls.

- What are each of our needs for privacy?
- How do we feel about smoking, alcohol, and other drug usage?

- What about guests who smoke, drink, or do drugs?
- How will we deal with differences in preferred room temperature?
- What are appropriate phone/computer/etc. usage times?
- How will we leave messages for each other?
 - whiteboard
 - facebook
 - next time we see each other
 - leave a note
 - text/call

Helpful Insight

Please contact your Resident Assistant if problems arise.

- If we are frustrated with each other, we will address it by:
 - telling the other right away and talking about it.
 - waiting to see if the feelings subside.
 - talking about it later, at an agreed upon time.
 - telling our RA.
- When we are upset, we need:
 - to talk about things.
 - space and time to deal with it on our own.
 - space, unless the feelings are directed toward each other.

Community/Personal Property

Personal property may be shared at the discretion of the owner.

- We are comfortable with sharing these items with each other:
 - stereo/MP3 player
 - game consoles
 - school supplies
 - personal care items
 - cell phone
 - TV/dvd/cd
 - money
 - food
 - chair
 - bed
 - computer
 - appliances
 - clothes
 - other _____
 - other _____
- Who shall be held financially responsible if items are broken or lost?
- If a roommate wants to borrow our personal property, we would prefer that the roommate:
 - lend it to the person.
 - lend it only if the owner has given prior permission to that specific person.
 - never lend out anything of ours.

Guests

Guest Policy is stated on the back of this form.

- We would prefer that visitors, guests, and significant others
 - be welcome anytime.
 - leave when we sleep.
 - leave when we study.
 - leave when we sleep or study, unless we give prior consent to stay.
 - not be in the room when the other roommate is present.
- If allowed to stay over, where will they sleep?
- How much notice is needed before a guest stays overnight?
- Are there different rules for significant others or visitors of the opposite gender?
- How do we feel about sexual behavior in our room when the other roommate is there or away?
- We believe that guests, visitors, and significant others
 - should not be left alone in the room.
 - can be left in the room without either roommates present.

We, the residents of room _____ in _____ hall, have discussed and agreed upon these conditions. We may renegotiate this agreement at any time during the year.

Signed _____
Roommate 1 Signature

Roommate 2 Signature

Roommate 3 Signature

Ten Tips For Dealing With Roommate Conflicts

1. Take the time to get to know your roommate early.
2. Talk about your lifestyle preferences, and be honest.
3. Express interest and understanding in your roommate's differences.
4. Discuss the use of shared spaces including furniture, refrigerator, etc. Respect personal space.
5. If something is bothering you, speak up early.
6. Prepare for difficult conversations before you have them.
7. Schedule a time to meet with your roommate when you are both available.
8. Engage in difficult conversations using the following steps:
 - a. **Inquire:** Ask what their views/thoughts are.
 - b. **Acknowledge:** Make sure that you understand their perspective.
 - c. **Offer:** Offer your thoughts without minimizing their experience.
 - d. **Problem-solve:** Find solutions that will meet both of your interests.
9. If you approach a conflict with your best effort, resolving it will be easier.
10. If you would like help in confronting a difficult conversation, contact Conflict Resolution Services.

Helpful Numbers

Barnhart/Riley Complex Director.....	(541) 346-8627
Bean Complex Director.....	(541) 346-9165
Carson/Earl Complex Director.....	(541) 346-9091
Hamilton Complex Director.....	(541) 346-9527
Hamilton Assistant Complex Director.....	(541) 346-8237
LLC Complex Director.....	(541) 346-7694
Walton Complex Director.....	(541) 346-9288
Conflict Resolution Services.....	(541) 346-0617

Guest Agreement

The *Residence Hall Contract* states that “Residents may have an overnight guest by obtaining, in advance, written roommate approval. Visits are limited to six nights per term.” Throughout the year, list the dates that you and your roommate have discussed and have your roommate initial for guest approval next to the space provided.

	Roommate Name	Roommate Name	Roommate Name
Fall Term	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Winter Term	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Spring Term	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Our Commitment

The University of Oregon actively promotes cultural diversity and equal opportunity. We honor the humanity that joins us and we celebrate the differences that distinguish us. University Housing has an expectation that all residents will actively participate in creating welcoming communities that value all members without regard to race, color, sex, national origin, age, religion, marital status, disability, veteran status, sexual orientation, gender identity, gender expression, or any other consideration not directly and substantively related to effective performance. Our highly trained staff is awaiting your call to discuss any concerns you may have. For more information about a housing space that best suits your needs, please call (541) 346-4277. Your call will be handled discreetly by authorized staff members.

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