Residence Halls

How to Work Stuff bed height adjustment

1 Prepare to adjust the bed

- Loosen knobs on the stabilizer bar and move it from the set of pins above the springs to a set of pins below the springs.
- Loosen knobs on spring. Position one person on each side and grip the frame with two hands.

2 Lift the spring up lightly

Look at the spring hooks and make sure they are free from the pins.

3 Shift the spring horizontally

It should move slightly in the end channel.

4 Slide spring up (or down)

After reaching desired height, move the spring slightly in the end channel and lower onto pins. Tighten knobs.

5 Secure the bed

If the springs are on the top setting, move the stabilizer bar to the bottom setting. If the springs are on the setting second from the top, move the stabilizer bar to the setting second from the bottom. Tighten all knobs.

6 Install guardrail

Guardrails and ladders are located in your room. If your lofted bed is not against the wall, you may need another guardrail. Please enter a Fix-it request in your My Housing portal to request an extra guardrail.

An equal-opportunity, affirmative-action institution committed to cultural diversity and compliance with the Americans with Disabilities Act. This publication will be made available in accessible formats upon request. Accommodations for people with disabilities may be made by calling 541-346-4277.









